

THE BACK DOOR
~ LUNCH MENU ~

DAILY SPECIALS
Tuesday, March 09, 2010

SOUPS

Schumacher's Mock Turtle Soup

with sherry
cup / bowl

French Onion Soup

cup / bowl

Cream of Corn Chowder

cup / bowl

Shrimp Creole Soup

cup / bowl

Winter Garden Vegetable Soup

cup / bowl

SALAD OF THE DAY

Antipasto Salad

with proscuitto ham, sweet coppa, sopresatta salami, rotola, pepperoncini, nicoise olive, marinated artichokes, baby mixed lettuce and balsamic vinaigrette

SANDWICH OF THE DAY

Grilled Chicken Breast Sandwich

topped with melted pepper jack cheese, shredded lettuce, and tomato on toasted wheat bread with a siracha mayonnaise

TODAY'S ENTRÉES

Grilled Pork Tenderloin

with barbeque sauce and served with creamy
mashed potatoes

Broiled Boston Sole

with a lemon caper butter sauce

Pan-Seared Smoked Duck Breast

with a veal demi glace

Grilled Mahi-Mahi

topped with a diced cucumber salad

SALADS

Warm Beef Tenderloin Tips

wilted baby spinach, asparagus, Belgian endive and gorgonzola cheese on a bed of lettuce with roasted red pepper vinaigrette

Chicken Katsu Salad

pan-fried panko-breaded chicken breast, citrus segments, macadamia nuts and mixed salad greens with a tonkatsu dressing

Chilled Jumbo Shrimp & Smoked Salmon

on mixed greens with thinly sliced red onion and capers in a lemon dill dressing

Cobb Salad

choice of diced turkey or bay shrimp with Nauvoo blue cheese, avocado, tomato, chopped egg, bacon, chopped greens and balsamic vinaigrette

Chef Salad

ham, turkey, Swiss cheese, egg, tomato, cucumbers and black olives on mixed greens with choice of dressing

Fresh Fruits and Berries

with choice of low-fat cottage cheese or homemade lime yogurt sorbet

Mixed Green Salad

with choice of dressing

SANDWICHES

Marinated Cuban Style Pork Panini

ham, melted swiss cheese, mustard, and thinly sliced dill pickle with sweet potato chips

Greek Salad Pita Pocket

lettuce, tomatoes, cucumber, kalamata olives, feta cheese and pine nuts in warm pita bread

Southwest Grilled Chicken Breast Wrap

with rice, corn, and black beans, tossed with a mild tomato pico de gallo

Smoked Turkey Ruben

turkey breast with sauerkraut, Swiss cheese and thousand island dressing on rye bread

Tuna Salad

available with fat-free mayonnaise on choice of bread

Grilled Salmon Sandwich

with sautéed spinach, caramelized onions and tartar sauce on a toasted sesame bun

Bison Burger

with low-fat mozzarella cheese on sesame roll

Club Sandwich

turkey, bacon, lettuce, tomato and mayonnaise

COMBO PLATES

Salad and Soup

small salad of the day and cup of soup (priced daily)

Sandwich and Soup

half sandwich of the day and cup of soup (priced daily)